

# VIRGINIA'S NATIONAL CORE INDICATORS (NCI) PROJECT

Comparison of Virginia  
Data (FY 2021 & 2022) with  
National Data (FY 2021)

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This report includes a comparison of information from Virginia data collected in Fiscal Year 2021 (July 1, 2020 - June 30, 2021), Fiscal Year 2022 (July 1, 2021 - June 30, 2022), and national data collected in Fiscal Year 2021 (July 1, 2020 - June 30, 2021).

Information in this report is from a sample of adults with intellectual and developmental disabilities (IDD) who use services from developmental disabilities waivers.

The information is from the Adult In-Person Survey. The survey has three sections:

- **BACKGROUND:** completed by support coordinators, case managers, or social workers,
- **SECTION 1:** only the person who uses services can respond, and
- **SECTION 2:** the person using services or a proxy can respond.

Virginia participates in the National Core Indicators (NCI) project as part of the state's effort to measure the quality of IDD services and systems performance.

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For more information about NCI in Virginia, visit our website at: [www.vcu.edu/partnership/nci](http://www.vcu.edu/partnership/nci).

# DESCRIPTIVE INFORMATION

	VIRGINIA		NATIONAL
	2021 N=719	2022 N=712	2021 N= 19,912
Average age	41.5	40.6	41
Male/Female	59/41	61/38	59/41
Limited/Full guardianship	49%	54%	37%
<b>RACE/ETHNICITY:</b>			
Asian	2%	2%	4%
Black/African American	30%	30%	15%
LatinX	3%	2%	11%
White	64%	62%	63%

# DISABILITY INDICATORS

	VIRGINIA		NATIONAL
	2021	2022	2021
<b>INTELLECTUAL DISABILITY (ID):</b> Severe & profound levels	24%	24%	22%
<b>MOBILITY:</b> Always needs assistance	13%	10%	10%
<b>EXPRESSION:</b> Uses gestures, signs, other	27%	24%	42%
Autism Spectrum Disorder	28%	32%	24%
Seizure disorder/Neurological condition	33%	30%	27%

# WORK IN COMMUNITY

	VIRGINIA		NATIONAL
	2021 n= 63	2022 n= 68	2021
Paid community job	8%	10%	7%
Average income in 2 week period	\$246	\$316	\$252
Average time worked in 2 week period	26 hours	26 hours	25 hours
Makes \$7.25 or above	95%	99%	96%

# CHOICE IN WORKING

	VIRGINIA		NATIONAL
	2021	2022	2021
Not working, would like to work	63%	57%	62%
<b>OF THOSE WHO WOULD LIKE TO WORK...</b>	n=166	n=161	
Have employment as goal in plan	37%	31%	39%
Participate in employment training	17%	20%	27%
Participate in postsecondary education	3%	1%	0%
Volunteers	22%	26%	29%

# BEHAVIOR CHALLENGES

	VIRGINIA		NATIONAL
	2021	2022	2021
People who need some or extensive support to manage behavior	59%	55%	47%
<b>BEHAVIOR SUPPORT NEEDS IN GROUP HOMES</b>			
With 2-3 people	73%	68%	62%
With 4 or more people	65%	62%	68%
<b>WHO HAD PAID COMMUNITY JOBS?</b>			
People who need behavior support	6.5%	7%	16%
People who do NOT need behavior support	12%	14%	19%

# SUPPORT COORDINATION

	VIRGINIA		NATIONAL
	2021	2022	2021
Person met support coordinator	95%	94%	91%
Person knows they have a service plan	95%	88%	63%
Person helped develop plan	97%	98%	95%
Person knows who to call if problem with support coordinator	87%	84%	N/A

# WHERE PEOPLE LIVE

	VIRGINIA		NATIONAL
	2021	2022	2021
Own home/apartment	8%	7%	16%
Group home: 2-3 person	9%	6%	9%
Group home: 4-6 person	31%	29%	20%
Group home: 7-15 person	5%	3%	3%
Host/Sponsored home	18%	18%	4%
Family or relative's home	30%	38%	42%
Specialized/nursing facility	0%	0%	4%
<b>AMOUNT OF STAFF SUPERVISION</b>			
24 Hour	66%	60%	51%
Staff supervision - daily on-site	20%	30%	16%
Less than daily	8%	6%	14%
<b>CHOICE</b>			
Chose home	34%	21%	24%
Had some input	36%	51%	31%
Someone else chose	30%	28%	45%

Of Virginia's 2022 group home respondents (n=255), 44% reported living in 4-person homes, compared to 18% in 5-person homes, and 16% in 6-person homes.

In the 2021-2022 sample, 123 people lived in Sponsored Residential settings. Of those people, 33% have a family member who is the sponsored residential provider.

# HEALTH

	VIRGINIA		NATIONAL
	2021	2022	2021
Excellent/Very good health	68%	55%	68%
Weekly exercise	75%	83%	74%
No health conditions	37%	29%	54%
Mental health diagnosis	50%	48%	54%
Has primary care doctor	99%	97%	97%
Physical exam in last year	73%	75%	79%
Dental visit in last 6 months	28%	31%	40%
Flu vaccine in last year	80%	81%	72%

# HEART HEALTH

	VIRGINIA		NATIONAL
	2021	2022	2021
Overweight/Obese	67%	64%	63%
High blood pressure	22%	27%	21%
High cholesterol	16%	20%	18%
Diabetes	14%	18%	12%

**In the 2021-2022 sample, 12% of respondents had a behavior & mental health diagnosis. Of this group,**

98% received behavior supports

73% took behavior medication

99% took mental health medication

49% had a behavior plan

# HEALTH RISKS

VIRGINIA		
	2021	2022
Skin Breakdown	16%	32%
Aspiration Pneumonia	15%	36%
Falls	41%	67%
Urinary Tract Infections	11%	11%
Dehydration	11%	22%
Constipation	21%	23%
Bowel Obstruction	7%	37%
Sepsis	7%	14%
Seizures	34%	56%

# UNPLANNED HOSPITALIZATIONS

VIRGINIA		
	2021	2022
Had an unplanned hospitalization	15%	12%
<b>OF THOSE WHO HAD AN UNPLANNED HOSPITALIZATION</b>	n= 108	n= 78
1 time	69%	72%
2 times	17%	11%
3 times	6%	10%
4 times	4%	1%
5 or more times	4%	6%

There is no national comparison data for identified health risks and unplanned hospitalizations because they are Virginia specific questions.