

VIRGINIA'S NATIONAL CORE INDICATORS (NCI) PROJECT

Comparison of Virginia
Data (FY 2020 & 2021) with
National Data (FY 2019)

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Virginia Commonwealth University



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This report includes a comparison of information from Virginia data collected in Fiscal Year 2020 (July 1, 2019 - June 30, 2020), Fiscal Year 2021 (July 1, 2020 - June 30, 2021), and national data collected in Fiscal Year 2019 (July 1, 2018 - June 30, 2019).

The total number of people interviewed in Fiscal Years 2020 and 2021 differ because of the COVID-19 pandemic but the sample size is still statistically representative of the state for both years.

Information in this report is from a sample of adults with intellectual and developmental disabilities (IDD) who use services from developmental disabilities Waivers.

The information is from the Adult In-Person Survey. The survey has three sections:

- **BACKGROUND:** completed by support coordinators, case managers, or social workers
- **SECTION 1:** only the person who uses services can respond
- **SECTION 2:** the person or a proxy can respond

Virginia participates in the National Core Indicators (NCI) project as part of the state's effort to measure the quality of IDD services and systems performance.

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For more information about NCI in Virginia, visit our website at: www.vcu.edu/partnership/nci

DESCRIPTIVE INFORMATION

	VIRGINIA		NATIONAL
	2020 N= 512	2021 N=719	2019 N= 22,009
Average age	43.5	41.5	43
Male/Female	56/44	59/41	57/43
Limited/Full guardianship	45%	49%	42.5%
Behavioral supports	56%	59%	45%
RACE/ETHNICITY:			
Asian	2%	2%	5%
Black/African American	34%	30%	15%
LatinX	2%	3%	6%
White	61%	64%	71%

DISABILITY INDICATORS

	VIRGINIA		NATIONAL
	2020	2021	2019
INTELLECTUAL DISABILITY (ID):			
Severe & profound levels	24%	24%	21%
MOBILITY:			
Always needs assistance	13%	13%	9%
EXPRESSION:			
Uses gestures, signs, other	27%	27%	21%
Autism Spectrum Disorder	29%	28%	20%
Seizure disorder/Neurological condition	33%	33%	29%

WORK IN COMMUNITY

	VIRGINIA		NATIONAL
	2020 n= 47	2021 n= 63	2019 n= 2740
Paid community job	12%	8%	19%
Average income in 2 week period	\$228	\$246	\$236
Average time worked in 2 week period	27 hours	26 hours	25 hours
Makes \$7.25 or above	81%	95%	93%

CHOICE IN WORKING

	VIRGINIA		NATIONAL
	2020	2021	2019
Not working, would like to work	53%	63%	54%
OF THOSE WHO WOULD LIKE TO WORK...	n= 122	n=166	
Have employment as goal in plan	37%	37%	63%
Have employment supports & services	29%	28%	43%
Participate in employment training	19%	17%	29%
Participate in postsecondary education	0.8%	3%	2.0%
Volunteers	49%	22%	41%

BEHAVIOR CHALLENGES

	VIRGINIA		NATIONAL
	2020	2021	2019
People who need some or extensive support to manage behavior	56%	59%	45%
BEHAVIOR SUPPORT NEEDS IN GROUP HOMES			
With 2-3 people	65%	73%	62%
With 4 or more people	64%	65%	61%
WHO HAD PAID COMMUNITY JOBS?			
People who need behavior support	12%	6.5%	14%
People who do NOT need behavior support	12%	12%	11%

SUPPORT COORDINATION

	VIRGINIA		NATIONAL
	2020	2021	2019
Person met support coordinator	97%	95%	94%
Person knows they have a service plan	90%	95%	86%
Person helped develop plan	99%	97%	95%
Person knows who to call if problem with support coordinator	69%	87%	N/A

WHERE PEOPLE LIVE

	VIRGINIA		NATIONAL
	2020	2021	2019
Own home/apartment	10%	8%	17%
Group home: 2-3 person	6%	9%	10%
Group home: 4-6 person	32%	31%	18%
Group home: 7-15 person	4%	5%	3%
Host/Sponsored home	15%	18%	8%
Family or relative's home	33%	30%	37%
Specialized/nursing facility	0%	0%	6%
AMOUNT OF STAFF SUPERVISION			
24 Hour	64%	66%	51%
Staff supervision - daily on-site	24%	20%	17%
Less than daily	6%	8%	13%
CHOICE			
Chose home	20%	34%	23%
Had some input	45%	36%	33%
Someone else chose	35%	30%	44%

Of Virginia's 2021 group home respondents (n=316), 42% reported living in 4-person homes, compared to 16% in 5-person homes, and 10% in 6-person homes.

In the 2020-2021 sample, 126 people lived in Sponsored Residential settings. Of those people, 38% have a family member who is the sponsored residential provider.

HEALTH

	VIRGINIA		NATIONAL
	2020	2021	2019
Excellent/Very good health	64%	68%	67%
Weekly exercise	77%	75%	76%
No health conditions	29%	37%	37%
Mental health diagnosis	54%	50%	48%
Has primary care doctor	99%	99%	98%
Physical exam in last year	82%	73%	87%
Dental visit in last 6 months	32%	28%	52%
Flu vaccine in last year	87%	80%	78%

HEART HEALTH

	VIRGINIA		NATIONAL
	2020	2021	2019
Overweight/Obese	65%	67%	65%
High blood pressure	21%	22%	23%
High cholesterol	19%	16%	20%
Diabetes	15%	14%	13%

In the 2020-2021 sample, 16% of respondents had a behavior & mental health diagnosis. Of this group,

59% received behavior supports

39% took behavior medication

58% took mental health medication

23% had a behavior plan

HEALTH RISKS

VIRGINIA

	2021
Skin Breakdown	16%
Aspiration Pneumonia	15%
Falls	41%
Urinary Tract Infections	11%
Dehydration	11%
Constipation	21%
Bowel Obstruction	7%
Sepsis	7%
Seizures	34%

UNPLANNED HOSPITALIZATIONS

VIRGINIA

	2021
Had an unplanned hospitalization	15%
OF THOSE WHO HAD AN UNPLANNED HOSPITALIZATION	n= 108
1 time	69%
2 times	17%
3 times	6%
4 times	4%
5 or more times	4%

There is no comparison data for identified health risks and unplanned hospitalizations because these questions were not asked in previous years or nationally.