

VIRGINIA'S NATIONAL CORE INDICATORS (NCI) PROJECT

Comparison of Virginia
Data (FY 2022 & 2023) with
National Data (FY 2022)

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Prepared by:
Partnership for People with Disabilities
Virginia Commonwealth University



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This report includes a comparison of information from Virginia data collected in Fiscal Year 2022 (July 1, 2021 - June 30, 2022), Fiscal Year 2023 (July 1, 2022 - June 30, 2023), and national data collected in Fiscal Year 2022 (July 1, 2021 - June 30, 2022).

Information in this report is from a sample of adults with intellectual and developmental disabilities (IDD) who use services from developmental disabilities waivers.

The information is from the Adult In-Person Survey. The survey has three sections:

- **BACKGROUND:** completed by support coordinators, case managers, or social workers,
- **SECTION 1:** only the person who uses services can respond, and
- **SECTION 2:** the person using services or a proxy can respond.

Virginia participates in the National Core Indicators (NCI) project as part of the state's effort to measure the quality of IDD services and systems performance.

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For more information about NCI in Virginia, visit our website at: <https://nci.partnership.vcu.edu/>.

DESCRIPTIVE INFORMATION

	VIRGINIA		NATIONAL
	2022 N=712	2023 N=760	2022 N= 13,416
Average age	40.6	40.6	41.9
Male/Female	61/38	63/37	60/40
Limited/Full guardianship	54%	54%	44%
RACE/ETHNICITY:			
Asian	2%	3%	2%
Black/African American	30%	30%	17%
LatinX	2%	3%	5%
White	62%	64%	74%

DISABILITY INDICATORS

	VIRGINIA		NATIONAL
	2022	2023	2022
INTELLECTUAL DISABILITY (ID):			
Severe & profound levels	24%	24%	13%
MOBILITY:			
Always needs assistance	10%	11%	8%
EXPRESSION:			
Uses gestures, signs, other	24%	28%	19%
Autism Spectrum Disorder	32%	35%	25%
Seizure disorder/Neurological condition	30%	24%	24%

WORK IN COMMUNITY

	VIRGINIA		NATIONAL
	2022 n= 68	2023 n= 83	2022
Paid community job	10%	11%	15%
Average income in 2 week period	\$316	\$290	\$296
Average time worked in 2 week period	26 hours	24 hours	31 hours
Makes \$7.25 or above	99%	98%	88%

CHOICE IN WORKING

	VIRGINIA		NATIONAL
	2022	2023	2022
Not working, would like to work	57%	48%	53%
OF THOSE WHO WOULD LIKE TO WORK...	n=161	n=139	
Have employment as goal in plan	31%	44%	34%
Participate in employment training	20%	22%	24%
Participate in postsecondary education	1%	3%	2%
Volunteers	26%	31%	N/A

BEHAVIOR CHALLENGES

	VIRGINIA		NATIONAL
	2022	2023	2022
People who need some or extensive support to manage behavior	55%	59%	42%
BEHAVIOR SUPPORT NEEDS IN GROUP HOMES			
With 2-3 people	68%	66%	59%
With 4 or more people	62%	66%	52%
WHO HAD PAID COMMUNITY JOBS?			
People who need behavior support	7%	7%	10%
People who do NOT need behavior support	14%	17%	18%

SUPPORT COORDINATION

	VIRGINIA		NATIONAL
	2022	2023	2022
Person met support coordinator	94%	97%	92%
Person knows they have a service plan	88%	92%	89%
Person helped develop plan	98%	97%	83%
Person knows who to call if problem with support coordinator	84%	64%	N/A

WHERE PEOPLE LIVE

	VIRGINIA		NATIONAL
	2022	2023	2022
Own home/apartment	7%	9%	15%
Group home: 2-3 person	6%	8%	12%
Group home: 4-6 person	29%	26%	19%
Group home: 7-15 person	3%	3%	5%
Host/Sponsored home	18%	16%	7%
Family or relative's home	38%	39%	38%
AMOUNT OF STAFF SUPERVISION			
24 Hour	60%	59%	53%
Staff supervision - daily on-site	30%	33%	19%
Less than daily	6%	6%	18%
CHOICE			
Chose home	21%	22%	24%
Had some input	51%	39%	35%
Someone else chose	28%	39%	41%

Of Virginia's 2023 group home respondents (n=271), 44% reported living in 4-person homes, compared to 16% in 5-person homes, and 12% in 6-person homes.

In the 2022-2023 sample, 124 people lived in Sponsored Residential settings. Of those people, 39% have a family member who is the sponsored residential provider.

HEALTH

	VIRGINIA		NATIONAL
	2022	2023	2022
Excellent/Very good health	55%	48%	48%
Weekly exercise	83%	82%	81%
No health conditions	29%	34%	38%
Mental health diagnosis	48%	47%	46%
Has primary care doctor	97%	99%	96%
Physical exam in last year	75%	78%	85%
Dental visit in last 6 months	31%	29%	42%
Flu vaccine in last year	81%	82%	75%

HEART HEALTH

	VIRGINIA		NATIONAL
	2022	2023	2022
Overweight/Obese	64%	69%	65%
High blood pressure	27%	27%	29%
High cholesterol	20%	20%	23%
Diabetes	18%	17%	17%

In the 2022-2023 sample, 12% of respondents had a behavior & mental health diagnosis. Of this group,

93% received behavior supports

76% took behavior medication

98% took mental health medication

52% had a behavior plan

HEALTH RISKS

VIRGINIA			
	2021	2022	2023
Skin Breakdown	16%	32%	28%
Aspiration Pneumonia	15%	36%	32%
Falls	41%	67%	54%
Urinary Tract Infections	11%	11%	8%
Dehydration	11%	22%	24%
Constipation	21%	23%	17%
Bowel Obstruction	7%	37%	38%
Sepsis	7%	14%	14%
Seizures	34%	56%	40%

UNPLANNED HOSPITALIZATIONS

VIRGINIA			
	2021	2022	2023
Had an unplanned hospitalization	15%	12%	12%
OF THOSE WHO HAD AN UNPLANNED HOSPITALIZATION	n=108	n=78	n=89
1 time	69%	72%	62%
2 times	17%	11%	24%
3 times	6%	10%	9%
4 times	4%	1%	3%
5 or more times	4%	6%	1%

There is no national comparison data for identified health risks and unplanned hospitalizations because they are Virginia specific questions.