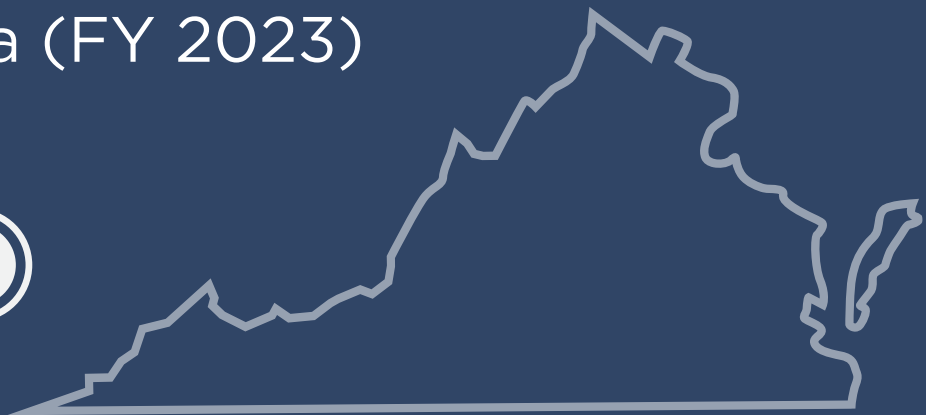


# 2023 - 2024 VIRGINIA'S NATIONAL CORE INDICATORS - IDD (NCI-IDD) PROJECT

Comparison of Virginia  
Data (FY 2023-2024)  
with National Data (FY 2023)

DECEMBER 2024



PREPARED BY:



**VCU**

Partnership for People  
with Disabilities

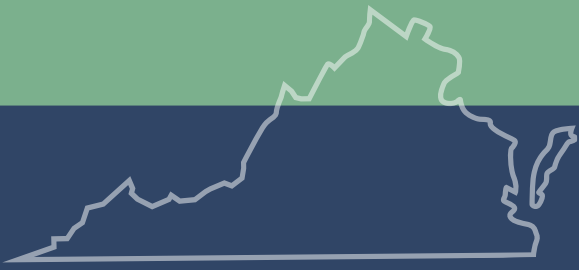
School of Education

PREPARED FOR:

**DBHDS** 

Virginia Department of Behavioral Health  
and Developmental Services

The Partnership for People with Disabilities is a university center for excellence in developmental disabilities at Virginia Commonwealth University. VCU is an equal opportunity/affirmative action university providing access to education and employment without regard to age, race, color, national origin, gender, religion, sexual orientation, veteran's status, political affiliation, or disability. If alternative formats of this document are needed, please contact the Partnership at (804) 828-3876 or (800) 828-1120 (TTY Relay).



2023-2024

# VIRGINIA'S NATIONAL CORE INDICATORS (NCI-IDD) PROJECT

This report includes a comparison of information from Virginia data collected in Fiscal Year 2023 (July 1, 2022 - June 30, 2023), Fiscal Year 2024 (July 1, 2023 - June 30, 2024), and national data collected in Fiscal Year 2023 (July 1, 2022 - June 30, 2023).

Information in this report is from a sample of adults with intellectual and developmental disabilities (IDD) who use services from developmental disabilities waivers.

The information is from the Adult In-Person Survey. The survey has three sections:

- BACKGROUND: completed by support coordinators, case managers, or social workers,
- SECTION 1: only the person who uses services can respond, and
- SECTION 2: the person using services or a proxy can respond.

Virginia participates in the National Core Indicators (NCI) project as part of the state's effort to measure the quality of IDD services and systems performance.

Questions about this report should be referred to Kayla Diggs Brody at [diggskg@vcu.edu](mailto:diggskg@vcu.edu).

For more information about NCI in Virginia, visit our website at: <https://nci.partnership.vcu.edu/>.

## DESCRIPTIVE INFORMATION

### VIRGINIA

### NATIONAL

Average age

2023

2024

2023

40.6

40

40.7

Male/Female

63%/37%

63%/37%

60%/40%

Limited/Full guardianship

54%

54%

39%

## RACE/ETHNICITY

Asian

3%

5%

5%

Black/African American

30%

31%

16%

LatinX

3%

2%

16%

White

64%

60%

61%

## DISABILITY INDICATORS

### VIRGINIA

### NATIONAL

2023

2024

2023

**Intellectual Disability (ID)**

Severe & profound levels

24%

23%

18%

**Mobility**

Always needs assistance

11%

9%

9%

**Expression**

Uses gestures, signs, other

28%

29%

20%

Autism Spectrum Disorder

35%

35%

31%

Seizure disorder/Neurological condition

24%

25%

27%

## WORK IN COMMUNITY

Paid community job

Average income in 2 week period

Average time worked in 2 week period

Makes \$7.25 and above

### VIRGINIA

2023

2024

### NATIONAL

2023

11%

11%

16%

\$290

\$316

\$327

24  
hours

22  
hours

27  
hours

98%

100%

98.1%

## CHOICE IN WORKING

Not working, would like to work

Of those who would like to work...

Have employment as a goal plan

Participate in employment training

Participate in postsecondary education

Volunteers

### VIRGINIA

2023

2024

### NATIONAL

2023

48%

46%

58%

N=139

N=166

44%

43%

77%

22%

13%

26%

3%

<1%

3%

31%

26%

16%

## BEHAVIOR CHALLENGES

### VIRGINIA

### NATIONAL

2023

2024

2023

People who need some or extensive support to manage behavior

59%

58%

43%

## BEHAVIOR SUPPORT NEEDS IN GROUP HOMES

With 2-3 people

66%

74%

64%

With 4 or more people

66%

64%

62%

## WHO HAD PAID COMMUNITY JOBS?

People who need behavior support

7%

8%

7%

People who DO NOT need behavior support

17%

14%

10%

## SUPPORT COORDINATION

### VIRGINIA

### NATIONAL

2023

2024

2023

Person met support coordinator

97%

95%

89%

Person knows they have a service plan

92%

92%

87%

Person helped develop plan

97%

98%

95%

Person knows who to call if problem with support coordinator

64%

68%

N/A

## WHERE PEOPLE LIVE

Own home/apartment  
Group home 2-3 people  
Group home 4-6 people  
Group home 7-15 people  
Host/sponsored home  
Family or relative's home

### VIRGINIA

2023 2024

9% 8%  
8% 8%  
26% 26%  
3% 2%  
16% 18%  
39% 39%

### NATIONAL

2023

14%  
9%  
18%  
3%  
5%  
45%

### VIRGINIA

2023 2024

## AMOUNT OF STAFF SUPERVISION

24 Hour  
Staff supervision - daily on-site  
Less than daily

59% 57%  
33% 36%  
6% 5%

### NATIONAL

2023

50%  
22%  
16%

## CHOICE

Chose home  
Had some input  
Someone else chose

22% 25%  
39% 47%  
39% 28%

24%  
31%  
44%

**Of Virginia's 2024 group home respondents (n=289), 42% reported living in 4-person homes, compared to 15% in 5-person homes, and 5% in 6-person homes.**

**In the 2023-2024 sample, 149 people lived in Sponsored Residential settings. Of those people, 47% have a family member who is the sponsored residential provider.**



## HEALTH

### VIRGINIA

### NATIONAL

2023

2024

2023

Excellent/very good health

48%

54%

46%

Weekly exercise

82%

87%

82%

No health condition

34%

33%

28%

Mental health diagnosis

47%

46%

28%

Has primary care doctor

99%

97%

96%

Physical exam in last year

78%

83%

85%

Dental visit in last 6 months

29%

38%

47%

Flu vaccine in last year

82%

77%

72%

## HEART HEALTH

### VIRGINIA

### NATIONAL

2023

2024

2023

Overweight/obese

69%

64%

65%

High blood pressure

27%

27%

26%

High cholesterol

20%

21%

25%

Diabetes

17%

21%

18%

In the 2023-2024 sample, 12% of respondents had a behavior & mental health diagnosis. Of this group,

91% received behavior supports

71% took behavior medication

93% took mental health medication

47% had a behavior plan

## HEALTH RISKS

## VIRGINIA

	2022	2023	2024
Skin Breakdown	32%	28%	4%
Aspiration Pneumonia	36%	32%	7%
Falls	67%	54%	12%
Urinary Tract Infections	11%	8%	6%
Dehydration	22%	24%	5%
Constipation	23%	17%	6%
Bowel Obstruction	37%	38%	6%
Sepsis	14%	14%	3%
Seizures	56%	40%	12%

## UNPLANNED HOSPITALIZATIONS

## VIRGINIA

	2022	2023	2024
Had an unplanned hospitalization	12%	12%	11%
	<b>n=78</b>	<b>n=89</b>	<b>n=89</b>
<b>OF THOSE WHO HAD AN UNPLANNED HOSPITALIZATION</b>			
1 time	72%	62%	65%
2 times	11%	24%	15%
3 times	10%	9%	5%
4 times	1%	3%	2%
5 or more times	6%	1%	12%

There is no national comparison data for identified health risks and unplanned hospitalizations because they are Virginia specific questions.