

VIRGINIA'S NATIONAL CORE INDICATORS (NCI) PROJECT

Comparison of Virginia
Data (FY 2019 & 2020) with
National Data (FY 2019)

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This report includes a comparison of information from Virginia data collected in Fiscal Year 2019 (July 1, 2018 - June 30, 2019), Fiscal Year 2020 (July 1, 2019 - June 30, 2020), and national data collected in Fiscal Year 2019 (July 1, 2018 - June 30, 2019).

The total number of people interviewed in Fiscal Year 2020 is lower than in 2019 because of the COVID-19 pandemic but the sample is still statistically representative of the state.

Information in this report is from a sample of adults with intellectual and developmental disabilities (IDD) who use services from developmental disabilities Waivers.

The information is from the Adult In-Person Survey. The survey has three sections:

- **BACKGROUND:** completed by support coordinators, case managers, or social workers
- **SECTION 1:** only the person who uses services can respond
- **SECTION 2:** the person or a proxy can respond

Virginia participates in the National Core Indicators (NCI) project as part of the state's effort to measure the quality of IDD services and systems performance.

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For more information about NCI in Virginia, visit our website at: www.vcu.edu/partnership/nci

DESCRIPTIVE INFORMATION

	VIRGINIA		NATIONAL
	2019 N= 807	2020 N=512	2019 N= 22,009
Average age	43.5	43.5	43
Male/Female	58/42	56/44	57/43
Limited/Full guardianship	44%	45%	42.5%
Behavioral supports	55%	56%	45%
RACE/ETHNICITY:			
Asian	2%	2%	5%
Black/African American	34%	34%	15%
LatinX	1%	2%	6%
White	59%	61%	71%

DISABILITY INDICATORS

	VIRGINIA		NATIONAL
	2019	2020	2019
INTELLECTUAL DISABILITY (ID):			
Severe & profound levels	25%	24%	21%
MOBILITY:			
Always needs assistance	10%	13%	9%
EXPRESSION:			
Uses gestures, signs, other	10%	27%	21%
Autism Spectrum Disorder	24%	25%	20%
Seizure disorder/Neurological condition	32.5%	33%	29%
Autism spectrum disorder & seizure disorder	7%	9%	00%

WORK IN COMMUNITY

	VIRGINIA		NATIONAL
	2019 N= 82	2020 N= 47	2019 N= 2740
Paid community job	10.5%	12%	31%
Average income in 2 week period	\$207	\$228	\$236
Average time worked in 2 week period	26 hours	27 hours	25 hours
Makes minimum wage or above	86%	81%	93%

CHOICE IN WORKING

	VIRGINIA		NATIONAL
	2019 N= 211	2020 N= 122	2019
Not working, would like to work OF THOSE WHO WOULD LIKE TO WORK...	52%	53%	54%
Have employment as goal in plan	35%	37%	63%
Have employment supports & services	23%	29%	43%
Participate in employment training	19%	19%	29%
Participate in postsecondary education	2.8%	0.8%	2.0%
Volunteers	51%	49%	41%

BEHAVIOR CHALLENGES

	VIRGINIA		NATIONAL
	2019	2020	2019
People who need some or extensive support to manage behavior	55%	56%	45%
BEHAVIOR SUPPORT NEEDS IN GROUP HOMES			
With 1-3 people	64%	65%	62%
With 4 or more people	64.5%	64%	61%
WHO HAD PAID COMMUNITY JOBS?			
People who need behavior support	10%	12%	14%
People who do NOT need behavior support	11%	12%	11%

SUPPORT COORDINATION

	VIRGINIA		NATIONAL
	2019	2020	2019
Person met support coordinator	96%	97%	94%
Person knows they have a service plan	92%	90%	86%
Person helped develop plan	99%	99%	95%
Person knows who to call if problem with support coordinator	68%	69%	N/A

WHERE PEOPLE LIVE

	VIRGINIA		NATIONAL
	2019	2020	2019
Own home/apartment	7%	10%	17%
Group home: 1-3 person	6%	6%	10%
Group home: 4-6 person	35%	32%	18%
Group home: 7-15 person	5%	4%	3%
Host/Sponsored home	8%	15%	8%
Family or relative's home	37%	33%	37%
Specialized/nursing facility	2%	0%	6%
AMOUNT OF STAFF SUPERVISION			
24 Hour	67%	64%	51%
Staff supervision - daily on-site	19%	24%	17%
Less than daily	6%	6%	13%
CHOICE			
Chose home	24%	20%	23%
Had some input	40%	45%	33%
Someone else chose	36%	35%	44%

Of Virginia's 2020 group home respondents (n=211), 46% reported living in 4-person homes, compared to 17% in 5-person homes, and 15% in 6-person homes.

HEALTH

	VIRGINIA		NATIONAL
	2019	2020	2019
Excellent/Very good health	64%	64%	67%
Weekly exercise	81%	77%	76%
No health conditions	33%	29%	37%
Mental health diagnosis	53%	54%	48%
Has primary care doctor	99%	99%	98%
Physical exam in last year	82%	82%	87%
Dental visit in last 6 months	33%	32%	52%
Flu vaccine in last year	88%	87%	78%

HEART HEALTH

	VIRGINIA		NATIONAL
	2019	2020	2019
Overweight/Obese	66%	65%	65%
High blood pressure	24%	21%	23%
High cholesterol	17%	19%	20%
Diabetes	14%	15%	13%

In the 2019-2020 sample, 21% of respondents had a behavior & mental health diagnosis. Of this group,

93% received behavior supports

64% took behavior medication

92% took mental health medication

35% had a behavior plan